



FEBRUARY | 2018

Whitmore Lake High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Chicken & Cheese Burrito Mexican Rice Corn Pear	2 Fresh Baked Pepperoni or Cheese Pizza Tossed Salad Baby Carrots Pineapple Tidbits
5 BBQ Chicken Baked Beans Roasted Red Skins Fresh Baked WG Biscuit Baked Cinnamon Apples	6 Chili, Broccoli, or Potato Soup in Bread Bowl Tossed Salad Cheese Stix Orange Wedges	7 Cheese Ravioli With Marinara Sauce Tossed Salad Asparagus Cheese Bread Grapes	8 Breakfast for Lunch Breakfast Bagel Sandwich (Sausage,Egg, Cheese) Hash Brown Baby Carrots Applesauce	9 Fresh Baked Pepperoni or Cheese Pizza Tossed Salad Sliced Red Peppers Pineapple Tidbits
12 Sweet & Sour or General Tso Chicken Rice Stir Fry Vegetables Egg Roll (9-12) Fortune Cookie Mandarin Oranges	13 Baked Potato Bar Chili, Cheese, Broccoli Add your favorite toppings Cole Slaw Bosco Stix Sliced Pears	14 Valentine's Day Chicken Alfredo Tossed Salad California Blend Vegetables WG Roll (9-12) Grapes Valentine Treat	15 Nacho Supreme Lettuce, Tomato, Blk Olives Refried Beans Granny Smith Apple	16 Fresh Baked Pepperoni or Cheese Pizza Tossed Salad Baby Carrots Pineapple Tidbits
19 No School	20 Bacon Cheeseburger Lettuce,Tomato,Mushrooms Baked Beans Tater Tots Applesauce	21 Baked Mostaccioli Tossed Salad Broccoli Cheese Bread Sliced Pears	22 Popcorn Chicken Wild Rice Green Beans WG Roll (9-12) Grapes	23 Fresh Baked Pepperoni or Cheese Pizza Tossed Salad Baby Carrots Pineapple Tidbits
26 Oven Fried Chicken Oven Roasted Baby Potatoes Asparagus WG Roll Orange	27 2 Soft Shell Beef or Chicken Tacos or Taco Salad Refried Beans Sliced Peaches	28 Macaroni & Cheese Tossed Salad California Blend Vegetables Corn Bread (9-12) Red Delicious Apple		

News
Breakfast Smoothie
Tues and Thursday
\$2.50

Breakfast \$1.60

Includes Milk and Fruit/Juice Bar
M-Mini Pancakes

T- Sausage Gravy w/ Biscuit

W- Scrambled Eggs w/ Muffin

Th- French Toast

F-Fresh Cinnamon Rolls or

Cheese Omelet w/ Muffin

Breakfast Sandwiches

Offered Mon thru Thurs

Cereal or Cereal Bars w/ Grahams,

Yogurt with Muffin and Assorted

Pastries Offered Daily

Lunch \$3.00

All meals include Vegetable of

The Day and a trip to

The Fruit & Vegetable Bar

M-Chicken Patty Sandwich

T-Pizza Panini

W-Hot Wings

Th- Chicken Nuggets

F- Popcorn Shrimp

Ham or Turkey Chef Salad w/Roll

Assorted Deli Sandwiches

Nacho Chip w/Cheese Cup and

Cheese Stick