

# JANUARY 2018

Whitmore Lake High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Happy *New*  Year•	2	3	4	5
Popcorn Chicken Mashed Potato w/ Gravy Sweet Potatoes Green Beans Cornbread (9-12) Applesauce	Bacon Cheeseburger Lettuce, Tomato, Mushrooms Baked Beans Veggie Pasta Salad Sliced Peaches	Chicken Alfredo Tossed Salad California Blend Vegetables WG Roll (9-12) Grapes	11 Nacho Supreme Lettuce, Tomato, Blk Olives Refried Beans Watermelon	Fresh Baked Pepperoni or Cheese Pizza Tossed Salad Baby Carrots Pineapple Tidbits
15 No School	16 Sweet & Sour or General Tso Chicken Rice Stir Fry Vegetables Egg Roll (9-12) Fortune Cookie Mandarin Oranges	17 Macaroni & Cheese Tossed Salad Steamed Broccoli Cornbread (9-12) Granny Smith Apple	18 Chicken & Cheese Enchiladas Mexican Rice Refried Beans Sliced Pears	19 Fresh Baked Pepperoni or Cheese Pizza Tossed Salad Baby Carrots Pineapple Tidbits
Chicken Tenders Smile Potatoes Corn WG Roll Orange Wedges	23 2 Soft Shell Beef or Chicken Tacos or Taco Salad Refried Beans Peach Cup	<b>24</b> Breakfast Service Only During Exam Days	EXAMS	26
29 No School	Traditional or Spicy Chicken Patty Sandwich Lettuce,Tomato, Cheese Green Beans Smile Potatoes Grapes	Lasagna Tossed Salad Asparagus Cheese Bread Red Delicious Apple		BIS II

### <u>News</u>

### News

## Breakfast Smoothie Tues and Thursday

\$2.50

#### **Breakfast \$1.60**

Includes Milk and Fruit/Juice
M-Mini Pancakes
T- Sausage Gravy / Biscuit
W- Pancake on a Stix
Th- French Toast
F-Fresh Cinnamon Roll or
Cheese Omelet w/ Muffin
Breakfast Sandwich
Offered Mon thru Thurs
Cereal or Cereal Bars w/ Grahams,
Yogurt with Muffin and Assorted
Pastries Offered Daily

### **Lunch \$3.00**

All meals include Vegetable of the Day and a trip to the Fruit & Vegetable Bar M-Chicken Patty Sandwich T-Pizza Panini W-Hamburger or Cheeseburger Th- Corn Dog F- Popcorn Shrimp Ham or Turkey Chef Salad w/Roll Assorted Deli Sandwiches Nacho Chip w/Cheese Cup and Cheese Stick