## SEPTEMBER 2017

## Whitmore Lake Elementary School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				TO CHECK YOU STUDENT'S LUNCH ACCOUNT BALANCE GO TO www.sendmoneytoschool.com
TO APPLY OR RENEW FOR FREE OR REDUCED MEALS GO TO WWW.LUNCHAPP.COM	<b>5</b> Grilled Chicken or Chicken Patty on Whole Grain Bun Lettuce and Tomato Sweet Tater Tots Pears	6 Spaghetti w/ Meat Sauce Steamed Peas Fresh Toss Salad Fresh Apple Slices	<b>7</b> Fish Treasures Baked Beans Cherry Tomato Fresh Watermelon Slices	8 Fresh Baked Cheese and Pepperoni Whole Grain Pizza Fresh Toss Salad Fresh Veggie Sticks Pineapple
11 Mini Corn Dog Steamed Corn Fresh Cucumbers Tropical Fruit Salad	12 Whole Grain Nuggets Mashed Potato w/ Gravy Fresh Sweet Peppers Scooby Doo Crackers Peaches	Macaroni and Cheese Steamed Broccoli Fresh Toss Salad Bread Stick Raisins	14 Soft Beef or Chicken Taco Cheese, Lettuce, Tomato Refried Beans Banana	15 Fresh Baked Cheese Whole Grain Pizza or Pizza Roll Fresh Toss Salad Fresh Carrot Sticks Mandarin Oranges
18 Hot Dog on Whole Grain Bun Oven Baked French Fries Cherry Tomatoes Fresh Grapes	19  Nacho Supreme Lettuce and Tomato Fiesta Black Beans Fresh Oranges Slices	Mini Ravioli Mixed Vegetables Fresh Toss Salad Whole Grain Cheesy Bread Cherry Craisins	Whole Grain Chicken Tenders Rice Malibu Blend Vegetables Country Apples	½ Day of School  Breakfast will be served.
25 Hamburger on Whole Grain Bun Lettuce and Tomato Baked Beans Fruit Cocktail	26 Breakfast for Lunch  Whole Grain Mini Pancakes Sausage Links Hash Brown Green Beans Applesauce Cup	27 Chicken Alfredo Steamed Peas Fresh Toss Salad Peaches	28 Salisbury Steak Mashed Potato w/ Gravy Fresh Cucumbers Whole Grain Roll Fresh Delicious Apple	Fresh Baked Cheese or Meat Lovers Whole Grain Pizza Fresh Toss Salad Fresh Carrots Sticks Pineapple

## <u>News</u>

Breakfast \$1.60 Serving 5-6 7:30 to 7:50 K-4 8:20 to 8:50

T-Ch. Omelet w/ WG Muffin W-WG Pancakes Th-WG Mini Cinnis / Cinn. Swirls F- WG Breakfast Boats

M-WG Mini French Toast

We also offer Yogurt w/ Gripz, Cold Cereal or Cereal Bars w/ Graham Cracker, and Warm Bagels w/ Cream Cheese. All Breakfast include a Fruit and Milk.

## Lunch \$2.75 Serving 10:50 to 12:55

All lunches include milk and Fruit/Vegetable Bar.

Available as an alternative to our main entrée M-F Chef Salad (Turkey or Ham w/ Cheese, Fresh Vegetables, and Roll)

Mon – Wed – Fri Ham & Cheese Sandwich Tues & Thurs Turkey and Cheese Sandwich

A-la-carte items will be offered to 4-6 graders for an additional cost.