

# Adult Exercise Classes

#### **Thursdays**

**Elementary School Media Center** 

6:15 p.m. - 7:15 p.m.

Session 1: Jan 12 - Feb 16

Registration Deadline: January 6th
Session 2: Feb 23 - Mar 30

Registration Deadline: February 17th

Friday Mornings 6:00 a.m. - 7:00a.m.

Session 1: Jan 13 - Feb 17

<u>Registration Deadline: January 6th</u>

Session 2: Feb 24 - Mar 31

<u>Registration Deadline: February 17th</u>

6 classes for \$45 \$10 Walk-in

Click <u>HERE</u> for more details and to register for the next session.



## Yoga



## Cardio Drumming

### **Mondays**

Fine Arts Academy Studio

Jan 16 - Mar 6

4:15-4:45 p.m. OR

4:45-5:30 p.m.

Registration Deadline: January 6th

6 punches for \$50 8 punches for \$60 \$10 Walk-in

Click <u>HERE</u> for more details and to register for the next session.